



FOR IMMEDIATE RELEASE

March 17, 2021

THE LINCOLN THEATRE'S COMMUNITY CONVERSATIONS TO HOST A VIRTUAL EVENT EXPLORING "THE WHOLISTIC HEALTH AND WELLNESS OF A COMMUNITY" MARCH 24

The Lincoln Theatre's Community Conversations series is designed to generate community dialogue on a variety of interesting and timely cultural questions. On Wednesday, March 24, Community Conversations' "The Wholistic Health and Wellness of a Community" will discuss the emotional, spiritual, mental, and physical health and wellness of the community, delving into its challenges, practices, and resolutions.

Panel members will include Kimberly Brazwell, Founder and CEO, KiMISTRY; Rev. Nancy L. Jones, Minister, First Church of God; David Key, Founder, Key Body & Fitness Corp.; Myles A. Stickle, LISW-S, Director of Behavioral Health, Equitas Health; and Jewel Woods, MA, MSW, LSW, author and gender analyst.

The panel will be moderated by Dr. Jack Marchbanks, Lincoln Theatre board member and director at the Ohio Department of Transportation, and Suzan Bradford, executive director of the Lincoln Theatre.

The Lincoln Theatre's Community Conversations presents "The Wholistic Health and Wellness of a Community" on Wednesday, March 24, at 6 pm. **This is a free event, but reservations are required** and can be made [here](#).

Virtual attendees will be emailed a link 24 hours before the event that will allow them to ask questions and interact with the live event.

About Emotional Health Facilitator Kimberly Brazwell

Brazwell is the founder and CEO of KiMISTRY, a consulting firm that offers organizational coaching on how to let people be the best possible versions of themselves. Her unique approach to improving human engagement links equity and inclusion, behavioral healthcare, and holistic wellness for a trauma-informed, experiential application. Brazwell also serves as executive director for the newly formed King Lincoln Family Services Corporation, and is also a visual practitioner, performing artist, and author.

About Spiritual Wellness Facilitator Rev. Nancy Jones

Rev. Jones has been a member of the senior staff of the First Church of God for more than 35 years. She has served on the administrative and pastoral team as minister of

outreach, director of development, and minister of congregational care (retired 2019). Rev. Jones holds an MS in counseling, MA in leadership education, and BS in professional ministries through Mid-America Christian University and is currently pursuing an MS in social work through the Southern California School of Social Work.

About Physical Wellness Facilitator David Key

A three-time professional athlete in football (NFL), body building (IFBB), and kickboxing (K1), David Key is the founder of Key Body & Fitness Corporation, offering personal training, athletic skill enhancement, aerobics, and group exercise classes shaped by his unique and diversified perspective on fitness and wellness programs. Key holds a BS in kinesiology from the University of Michigan where he attended on a full athletic scholarship.

About Mental Health Facilitator Myles Stickle

Equitas Health Director of Behavior Health Myles Stickle has more than 30 years' experience working with mental illness and substance use disorders, providing vocational rehabilitation services for adults and assessment and treatment for adults, teens, and families in outpatient treatment programs. He has served on local, state, and national boards that provide education and guidelines for treatment programs and services.

About Mental Health Facilitator Jewel Woods

Jewel Woods (MA, MSW, LSW) is co-chair of the Ohio Trafficking in Persons Study Commission, Demand Reduction Sub-Committee. He is an author and a gender analyst whose views on men and boys in American society have been featured on national TV, radio, and print publications. Woods is the author of *The Black Male Privileges Checklist* and *Don't Blame It on Rio: The Real Deal Behind Why Men Travel to Brazil for Sex*, a 2005 New Voices Fellow, a former participant in the Minority Scholar's Program at The University of Chicago, and a select member of the Fragile Families Data Workshop at Columbia University. He is the founder and executive director of The Renaissance Male Project, Inc., a non-profit advocacy and accountability organization for men and boys.

www.LincolnTheatreColumbus.com

CALENDAR LISTING

The Lincoln Theatre's Community Conversations Series presents THE WHOLISTIC HEALTH AND WELLNESS OF A COMMUNITY

Wednesday, March 24, 6 pm

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Support for the Lincoln Theatre's 2020-21 season is provided in part by the Greater Columbus Arts Council, the City of Columbus, Franklin County Board of Commissioners, Nationwide, the Eileen M. and Josiah Brooks Heckert Fund of The Columbus Foundation, and the Ohio Arts Council to encourage economic growth, educational excellence, and cultural enrichment for all Ohioans.

About the Lincoln Theatre

First opened in 1928, the Lincoln Theatre is a landmark in African American and jazz history. After undergoing a \$13.5 million renovation funded by a partnership of public and private support, the Lincoln reopened in May 2009 as a multi-use, state-of-the-art performing arts and education center serving the diversity of the central Ohio community. The Lincoln is a bustling hub of activity 365 days a year hosting performances, rehearsals, and classes in the performing arts, as well as a wide variety of community events such as film festivals, meetings, and receptions.

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